Pitt County Community Schools & Recreation

"Reaching Out to Serve and Connect the Community"

Pittcsr.com

2023-2024 Fall/Winter Program Guide



Community Schools & Recreation Staff

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Director
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Crystal Pugh(252) 902-1985 Bookkeeper
Becky Wilder(252) 902-1981 After-School Coordinator
Jekiesha Matthews(252) 902-1992 AFS Assistant Coordinator
Carnell Burney(252) 902-1990 Recreation Coordinator
Cody McLaughlin(252) 902-1988 Recreation Coordinator
Rodney Harris(252) 902-1975 Facility Manager
Alice Keene

Pitt County Community Schools and Recreation

"Reaching Out to Serve and Connect the Community"

Pitt County was one of the first counties to establish a Community Schools Program in 1978. In recognition of the strong role played by the Community Schools Program in providing countywide recreational services, the County Commissioners voted to officially add Recreation to the title in 1998. The Pitt County Community Schools and Recreation Department is funded jointly by the Pitt County Board of Commissioners and Pitt County Schools. Goals of the Department include:

- Maximizing utilization of the school system's resources
- Increasing public awareness of the Community Schools & Recreation Department
- Enhancing the quality and quantity of recreational and educational programs held in public school facilities
- Developing recreation facilities on school properties through strong partnerships with schools, community organizations, and volunteers
- Continuing to improve the depth and quality of the overall Volunteer Program
- Working cooperatively with other agencies and organizations in identifying community needs and planning programs and activities to meet those needs.

Use of Facilities

Use of the Community Schools and Recreation Center and Pitt County Schools' facilities is coordinated by the Community Schools & Recreation Department. Utilization of the facilities is regulated by the Pitt County Board of Education. The Recreation Center is available during weekdays and weekends. School facilities are available during non-school hours. The facilities are used for many functions such as: reunions, plays, adult classes, workshops, public meetings and related events.

Applications are available at the Community Schools & Recreation Center Monday – Friday from 8:00am – 5:00 pm and in the main office at all schools.

Volunteer Programs

The Community Schools & Recreation Department supports the School Volunteer Program and coordinates youth program volunteers. Volunteers tutor, help in the media centers, work in the office, assist teachers, work with PTAs, help with playground equipment, coach teams and much more. If you are interested in volunteering with your school, please contact your school.

Recreation Program Management Funds

The Pitt County Board of County Commissioners has allocated funds to support agencies and organizations coordinating recreation activities throughout Pitt County. These funds are distributed on an annual basis by the Community Schools and Recreation Advisory Council. Recreation Program Management funds are designated to support and enhance the delivery of quality recreation programs that are open to all citizens in Pitt County. Funds are made available on a 50/50 matching basis ... fifty percent comes from the county with the agency or organization providing the other fifty percent.

Interagency Networking

The Community Schools and Recreation Staff works cooperatively with other agencies and organizations to determine needs and develop avenues for meeting those needs. Assistance ranges from providing supervision and utilities for facilities to assistance in program planning. Major agencies include: Pitt Community College, Cooperative Extension Service, Boy Scouts, Girl Scouts, ECU Health Medical Center, Senior Services, Council on Aging, recreation departments and community organizations. Major programs include events such as Falls Prevention Fair, Senior Fun and Fitness Day, and health fairs. Community Schools and Recreation Staff serve on many community organization boards including the Special Olympics Steering Committee, Pitt Aging Coalition, and Pitt Partners for Health, etc.

Recreation Programs

The Community Schools & Recreation Team works cooperatively with recreation departments and commissions throughout the county to support recreation and special activities for children and adults. In communities where no recreation organization exists, the department works with schools and volunteers to provide the service.

Senior Adult Programs

Determine to Live Healthy, Fit Beyond Fifty, Gentle Yoga, Pilates, Aerobic Line Dance, Soft Foam Roller, Functional Stretching, Senior Games, Softball, Three-on-Three Basketball, Table Tennis and other physical fitness opportunities.

School Staff Wellness

To support/provide high-quality nutrition, physical activity, tobacco cessation, stress management and breast feeding programs that improve the physical, mental, emotional and occupational well-being of all members of the Pitt County Schools Family.

Youth Recreation

Recreation programs are held year-round throughout the county. Programs include: soccer, flag football, volleyball, basketball, kickball, cheerleading camp, sports camps, art camps & cooking camps.

Pitt County Community Schools & Recreation Center

4561 County Home Rd Greenville N.C. 27858 Pittcsr.com



Youth

Soccer
Fall Volleyball
Pitt County Volleyball Club
Youth Basketball
Flag Football
Kickball

Summer Enrichment
After School Enrichment Program
Youth Summer Camps
Kid in Parks TRACK Trail

Adults

Pitt County Schools Staff Wellness Community Pops Singers (sponsor) Tar River Community Band (sponsor) Pitt County Schools Volunteer Program Use of PCS School Facility Rentals

50 and Better

Senior Health & Wellness Programs
Greenville-Pitt County Senior Games
Table Tennis
Badminton
Basketball
Softball

Alice F. Keene District Park

Alice F. Keene District Park is a valuable asset to the citizens of Pitt County. Since its development over a decade ago, the Park and Community Schools and Recreation Center have provided a wide variety of indoor and outdoor recreational opportunities to thousands of Pitt County residents.

In addition to the Community Schools & Recreation Center the Park offers soccer fields, two softball fields, two picnic shelters, two playgrounds, pickleball courts, half-court basketball, horseshoe courts and a 1.2 mile paved trail, which is a Kids in Park TRACK Trail. A second 1-mile natural trail provides a more rugged walking experience. This outstanding facility improves the quality of life in Pitt County and provides opportunities for healthier lifestyles.









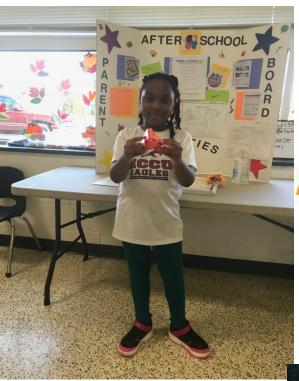


Pitt County Community Schools & Recreation

Established in 1978

"Reaching Out to Serve and Connect the Community"

Pittcsr.com











Flag Football



Senior Wellness















Pitt County Community Schools & Recreation

"Reaching Out to Serve and Connect the Community"

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Youth Programs

Fall Sports
Winter Sports
After School Enrichment Program



Fall Volleyball

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Dates: September 9-October 28, 2023

Days: Monday, Tuesday, Thursday (practice days)/ Saturday (game days)

Time: Weekdays (evenings)/Saturday (varies)

Locations: Various locations throughout Pitt County

Grades (girls): 4-5th, 6-7th and 8-12th

Cost: \$65.00 (jersey included)

Equipment: All Players must purchase spandex shorts

(respectable length please) and knee pads

Contact: Jennifer Lanier-Coward - Pitt County Community Schools & Recreation @ 252 902-1975 or visit our website at www.pittcsr.com to register



REGISTRATION DEADLINE: August 28, 2023

Program Information

This 7-week volleyball program is designed to increase the overall performance of Pitt County's young women volleyball players. All practices and games will be held during the <u>weekday</u>. All coaches are allowed to have <u>one</u> practice per week for the fundamental enhancement of each player's volleyball skills.









Youth Fall Soccer

Pittcsr.com



Dates: September 9-October 28, 2023

Days: Monday-Saturday

Times: Weekdays (evenings)/Saturdays (varies)

Location: Alice Keene Park

4561 County Home Rd, Greenville

Age: 5-6(co-ed), 7-9 Females, 7-9 Males, 10-13 Females, and 10-13 Males

Cost: \$65.00 (jersey included)

Equipment: Players must wear cleats, athletic attire and the 2023 Fall PCCSR Soccer jersey.

Contact: Cody McLaughlin @ 252 902-1988 or visit our website

@ Pittcsr.com to register



REGISTRATION DEADLINE: August 28, 2023

Program Information

The initial two Saturdays will be scheduled as an organized practice day for all teams, thereafter teams will play games as scheduled at the Alice Keene Park. Each team will practice one time per week at the same location. Volunteer coaches are needed for the success of the program!









Youth Flag Football



Pittcsr.com

Dates: September 9-October 28, 2023

Days: Monday-Saturday

Time: Weekdays (evenings)/Saturdays (varies)

Ages: 4-6, (co-ed) 7-9 (co-ed), 10-12 (co-ed) and 13-15 (co-ed)

Location: Wintergreen Intermediate School

4720 County Home Rd., Greenville NC

Cost: \$65.00 (jersey included)

Equipment: Players must wear cleats with no metal spikes, shorts or pants with no pockets and a mouth guard to participate as well as the 2023 PCCSR Fall Flag Football jersey.

Contact: Carnell Burney - Pitt County Community Schools & Recreation @ 252 902-1975 or visit our website at www.pittcsr.com to register



REGISTRATION DEADLINE: August 28, 2023

Program Information

Participants will have the opportunity to play Flag Football in a safe, family centered environment. Each team will have the opportunity to practice one day per week during the evening hours. Games will be held during the weekday as well as on Saturdays. Volunteer coaches are needed for the success of the program!





Ages | 4-12 co-ed

Tball:4-6 Rookie Ball:6-9 Minor: 9-10 Major: 10-12 Registration limited to 15 per age group

Supporting Partner: Pitt County Community Schools & Recreation

Cost | \$50.00 (per participant)

Location | Simpson Baseball Field 2708 Telfaire St Simpson, NC 27879 (in addition to other locations in Pitt County)

Registration | September 1st to 9th @ leaguelineup.com/simpsonsaintsbaseball

Contact Coach Keyes: 252.814.7151

The Simpson Saints Baseball program is based in Simpson, but includes kids from the surrounding areas as well. This team was designed to teach children ages 4 to 12 years of age the basics of Little League Baseball. Being a part of this team will give your child the opportunity to develop positive life skills in addition to learning to play baseball. We help teach the kids how to succeed so they can celebrate all their victories in life.

2023 REGISTRATION FOR FALL BASEBALL



Youth Basketball



Pittcsr.com

Dates: January 6-February 24,2024

Days: Monday-Saturday

Time: Weekdays (evenings)/Saturdays (varies)

Ages: 5-6 (Co-ed) 7-8 (Males) 7-9 (Females), 9-10 (Males) 10-13 (Females)

11-12 (Males) 13-15 (Co-ed) 16-18 (Co-ed)

Location: Various gyms throughout Pitt County

Cost: \$65.00 (jersey included)

Equipment: sneakers, athletic attire and 2024 PCCSR basketball jersey

Contact: Carnell Burney - Pitt County Community Schools & Recreation @ 252 902-1975 or visit our website at www.pittcsr.com to register



REGISTRATION DEADLINE: December 5, 2023

Program Information

Participants will have the opportunity to play basketball in a safe, family centered environment. Each team will have the opportunity to practice one day per week during the evening hours. Games will be held on Saturdays between the hours of 8am-5 pm. Volunteer coaches are needed for the success of the program!



Pitt County Volleyball Club



Pittcsr.com

Dates: January 6-February 24, 2024

Days: Monday, Tuesday, Thursday (practice days)/ Saturday (game days)

Time: Weekdays (evenings)/Saturday (varies)

Locations: Various locations throughout Pitt County

Grades (girls): 4-5th, 6-7th and 8-12th

Cost: \$65.00 (jersey included)

Equipment: All Players must purchase spandex shorts

(respectable length please) and knee pads

Contact: Jennifer Lanier-Coward - Pitt County Community Schools & Recreation
@ 252 902-1975 or visit our website at www.pittcsr.com to register



REGISTRATION DEADLINE: December 5, 2023

Program Information

This 7-week volleyball program is designed to increase the overall performance of Pitt County's young women volleyball players. All practices and games will be held during the <u>weekday</u>. All coaches are allowed to have <u>one</u> practice per week for the fundamental enhancement of each player's volleyball skills. Teams will have the opportunity to play two games each Saturday in a gym throughout Pitt County. Volunteer coaches are needed and welcomed!







2023-2024

After School Enrichment Program

Pittcsr.com

Date: August 28, 2023-June 7, 2024

Days: Monday-Friday

Time: (school dismissal -6:00 pm)

Locations: Ridgewood, Wintergreen Primary, Wintergreen Intermediate, Creekside, WH Robinson, Eastern, Elmhurst,

Lakeforest, Chicod and GR Whitfield

Cost: \$225 per month

Contact: Community Schools & Recreation @ 252 902-1975 or

visit Pittcsr.com to register

Program Information

The After School Enrichment Program coordinated by the amazing staff of PCCSR offers children K-5th grade the opportunity to enjoy time with friends, participate in fun activities in a safe and well organized environment. The program will take place in the schools listed above from after school until 6pm (including teacher work day and early release days).

© Arts & Crafts © Music © Free-Time © Electronic Day © Homework time © Active Outdoor Games © Group Games © Inside Games © Movies

"I want to acknowledge Ms. Becky Wilder, Ms. Stanley, Ms. Bridget and other staff members that work there because they do such an amazing job with our children every day! I must say, how impressed I am with how the program is being managed and how organized it is. I feel safe dropping my child off and she absolutely loves going!!!" ~Parent of the program







NORTH CAROLINA IS THE GREAT TRAILS STATE

In North Carolina, there is a trail for each of us. An open invitation for bikers, hikers, paddlers, and riders. For amblers, explorers, and commuters. These paths are a place of refuge and recreation, connecting us to the very essence of this state. To its storied, winding history. And—with our active use and care—to its future. Because we blaze and sustain trails together: those born and bred here, and those beckoned by its promise as the Great Trail State. Along these trails, we lead and we follow. We march on our own and we build community. We find new purpose, generation after generation. Because North Carolina's trails are for all of us. To enjoy, to sustain, and to champion. This is our year. The Year of the Trail.

WE NEED TRAILS. TO MOVE, TO PLAY, TO DISCOVER

Pitt County Government is proud to have joined other Cities, Towns and Counties across the State as a Partner with the Great Trails State Coalition for the Year of the Trail, and work far beyond 2023 to continue to garner support and funding for trails and greenways across the State.

Pitt County Community Schools & Recreation

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Pittcsr.com

Senior Wellness Programs

Greenville-Pitt County Senior Games
Opportunities to Play
Senior Wellness



2024 Greenville-Pitt County **Senior Games**

Sports, Activities and the Arts

Date: April 8-21, 2024

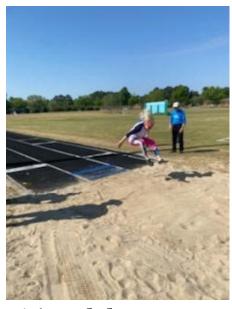
Days: Various

Times: Refer to schedule

Location: Throughout Pitt County and surrounding areas

Registration fee: \$20.00 (Golf, Mini-Golf and Bowling additional charge)















In it's celebratory 41st year of providing individuals 50 and better an opportunity to remain active in the sports and or activities of choice, we are happy to announce the opening of this year's Local Games. Community Schools & Recreation is the lead agency coordinating the Games for 5 Counties (Beaufort, Bertie, Martin, Pitt and Hertford County). There are over 40 different sports and activities for registered individuals and teams available for all to enjoy.

Registration available February 1-March 14, 2024



2024 Greenville-Pitt County Senior Games Sports, Activities and the Arts

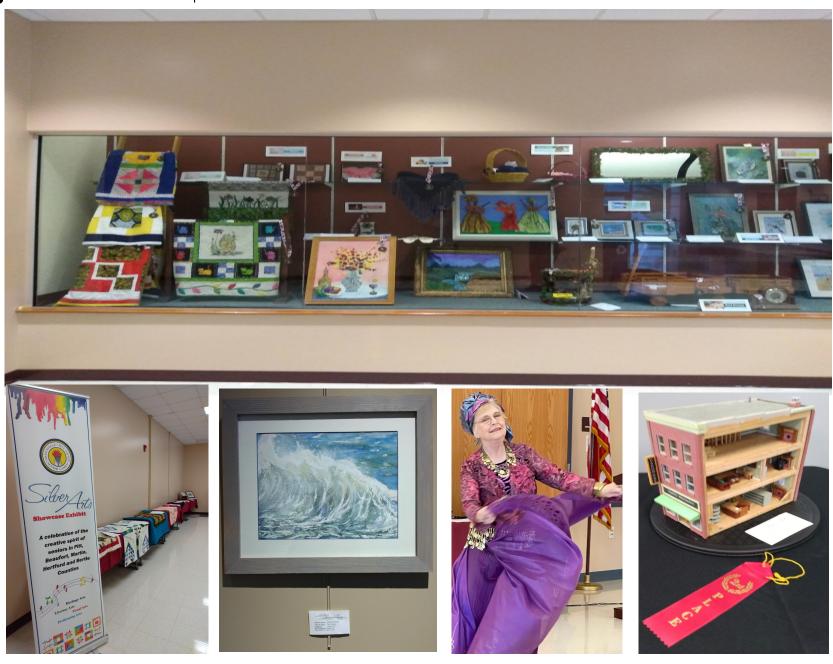
Date: April 8-18, 2024

Days: Monday-Friday

Times: 1:00-4:00 pm

Location: Community Schools & Recreation Center

Registration fee: \$20.00



In addition to offering sports and activities Greenville-Pitt County Senior Games makes available the opportunity for Artists and Performers to showcase their talents. All performers will have the opportunity to perform in front of judges to win 1st, 2nd or 3rd. "Best in Show" will be chosen to represent GPCSG at the North Carolina Senior Games State Finals held in Raleigh, N.C. Heritage, Literary and Visual Artists can enter their works of art for a chance to place as well.

Registration deadline: March 14, 2024

Registration available February 1-March 14, 2024

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Individuals 50 and better have the opportunity to register and participate in over 20 different classes year-round throughout Pitt County. Certified/trained instructors lead classes that are offered Monday-Friday at little to no cost for all individuals.

Visit the Community Schools & Recreation Center (4561 County Home Rd) to

Visit the Community Schools & Recreation Center (4561 County Home Rd) to register for classes and programs!

Fit Beyond Fifty

A low impact aerobics class that focuses on increasing endurance levels of current and future Senior Games participant's one step at a time. This one hour class will surely help increase your oxygen debt levels, coordination & balance.

Community Schools & Rec. Center

Ayden Arts & Recreation Center

4561 County Home Rd Greenville, N.C. 27858 Mon.& Wed. 8:30-9:30 am 4354 Lee Street
Ayden, N.C. 28513
Tues. & Thurs
9:30-10:30 am

D.T.L.H. (Determined to Live Healthy)

Preparing seniors to actively participate in the Senior Games program through the aid of weights, bands, and aerobic activity. A portion of the exercises are performed from a seated position.

Community Schools & Rec. Center

4561 County Home Rd Greenville, N.C. 27858 Mon. & Wed. 9:45-10:30 am

C.M. Eppes Recreation Center

400 Nash Street Greenville, N.C. 27834 Mon.& Wed. & Friday 9:00-10:00 am

Farmville Community Building

3886 S. Main St Farmville N.C. 27858 Mon. & Fri. 11:00-12:00 pm

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Country Line Dance

*Session 1: September 11-October 16, 2023 * Session 2: October 30-December 11, 2023

*Session 3: February 5-March 18, 2024

Time: 4:00 pm (Monday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$15.00 per session

Age: 50 and better

Get in shape and have fun while you participate in fun line dance routines.

Functional Stretch

*Session 1: September 12-October 20, 2023 *Session 2: October 31-December 15, 2023

*Session 3: January 9-February 16, 2024 *Session 4: February 27-April 5, 2024

Time: 9:45 am (Tuesday & Friday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$20.00 per session

Age: 50 and better

Participants are guided through a stretching routine that can assist in correcting posture, decreasing pain, improve range of motion and flexibility to all muscle groups.

Pilates

Session 1: September 12-October 20, 2023 *Session 2: October 31-December 15, 2023

*Session 3: January 9-February 16, 2024 *Session 4: February 27-April 5, 2024

Time: 8:45 am (Tuesday & Friday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$20.00 pe session

Age: 50 and better

Participants are guided through exercises that can assist in the development of building lean muscle mass, but with a focus on core strength that supports the spine, improves posture, strength and flexibility.

Soft Foam Roller

Session 1: September 12-October 17, 2023 *Session 2: October 31-December 12, 2023

*Session 3: January 9 - February 13, 2024 *Session 4: February 27-April 2, 2024

Time: 10:45 am (Tuesday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$15.00 per session

Age: 50 and better

Relieve tension and pain throughout your body using a soft body roller and balls for your hands and feet that has the capability to improve your muscle movement, balance and range of motion. Gentle movement patterns can assist in the hydration and healing of connective tissues and lymphatic system.

Pittcsr.com

Gentle Yoga

*Session 1: September 11-October 20, 2023 * Session 2: October 30-December 15, 2023

*Session 3: January 8-February 16, 2024 *Session 4: February 26-April 5, 2024

Time: 11:00 am (Monday & Friday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$20.00 per session

Age: 50 and better

The instructor will lead participants through gentle movement patterns that have the capability of improving flexibility as well as relieving muscle tension throughout the body.

Aerobic Line Dance

*Session 1: October 18-December 13, 2023 * Session 2: January 24-March 13, 2024

*Session 3: March 27-May 22, 2024

Time: 10:45 am (Wednesday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$15.00 per session

Age: 50 and better

What a great way to get in shape. This is an aerobically intense line dance class that will surely keep you twisting and turning.

Tai Chi for Arthritis (Beginner)

Session 1: September 15 – December 15, 2023

*Session 2: January 12-March 22, 2024

Time: 12:15 pm (Friday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$15.00 pe session

Age: 50 and better

This class is for beginners interested in learning Sun Style Tai Chi. The class is open to the first 15 registered participants.

Middle Eastern Folk Dance Class

*Session 1: September 11-October 16, 2023 * Session 2: October 30-December 11, 2023

*Session 3: February 5-March 18, 2024

Time: 3:00 pm (Monday)

Location: Community Schools & Recreation (4561 County Home Rd, Greenville)

Cost:\$15.00 per session

Age: 50 and better

Middle Eastern Folk Dance is a traditional dance that utilizes fluid, beautiful traditional movement patterns to aid in increased coordination, flexibility and balance.

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Date: September 6,2023-February 28 2024

Day: **Wednesday**

Time: 6:00 pm

Location: Wintergreen Intermediate Gym (4720 County Home Rd . Greenville)

Cost: Free

Age: 50 and better

Males age 50 and better have the opportunity to play 3-on-3 half court

Basketball on Wednesday evenings.



Date: On-going

Day: Tuesday and Saturday

Time: Tues. (7:00 pm) and Sat. (3:00 pm)

Location: Community Schools & Rec. Center (4561 County Home Rd, Greenville)

Cost: Free

Age: 50 and better

Males and Females age 50 and better have the opportunity to play Table Tennis on

Tuesday and Saturday each week.



Date **September 11, 2023-February 28, 2024**

Day: Monday

Time: 6:00 pm

Location: Wintergreen Intermediate Gym (4720 County Home Rd. Greenville)

Cost: Free

Age: 50 and better

Females age 50 and better have the opportunity to play 3-on-3 half court

Basketball on Monday evenings.



Date: On-going

Day: Tuesday and Thursday

Time: 9:00-11:00 am

Location: Eakin Student Recreation Center(128 E 7th St, Greenville)

Cost: Free

Age: 50 and better

Individuals 50 and better have the opportunity to play Badminton on Tuesday

and Thursday each week.

Interested in Softball?

Calling all 60 and over men and women that are interested in playing softball! The Greenville-Pitt County Senior Games program need players for current and new teams. There is a special need for male and female players over the age of 70! Call 252 902-1982 for more information!



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